

# Washington Explorer Search and Rescue Spokane City/County Unit

## Equipment List

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### Clothing

(If this clothing is not worn, it should be in your 24 hour pack)

Orange SAR Jacket or appropriate coat

Long Sleeved warm shirt (Wool or equivalent)

Wool or Equivalent Pants (Polar fleece)

Underclothing (Polypropylene, Silk)

Socks (1-Light Polypropylene and 1 Heavy Wool)

Boots (Water Proof, Full Ankle, Lug Souled Leather)

Winter Option is a insulated type with a lug sole and extra liners

Hat and/or Stocking Cap or Balaclava (Polypropylene or Wool)



### 24 Hour Pack

Pack (Internal Frame)

First-Aid Kit

Quantity

4X4 Gauze Pad 4

Alcohol Pads 4

Antacid Tablets 1 roll

Antibacterial ointment 1 Tube

Aspirin, etc. 6 Tablets

Band-aids 10 Assorted Sizes

Battle Dressing 1

Cotton Swabs 3

Roller Bandage 1

Scissors 1

Tape 1 roll

Moleskin 1

Triangular Bandage 2

Tweezers 1

Small Light 1

Latex Gloves 4 Pairs

Sun Burn Treatment 1 Tube

Survival Kit

Band-aids 4 assorted

Bouillon 2 cubes

Candle 1 stub

Compass 1 Emergency

Fire starter 2 Tabs

Waterproof Matches 12

Metal Container 1

Razor Blade 1

Safety Pins 3 Assorted

Sugar 2 Packets

14 Gauge Wire 5 to 10 feet

Navigation Kit

Notebook and writing utensil

UMS Ruler

Compass

Protractor



|  |           |  |  |
|--|-----------|--|--|
| Personal Items                               |           |  |  |
| Toilet Paper                                 | 1/2 roll  |  |  |
| Sunglasses                                   |           |  |  |
| Sunscreen                                    |           |  |  |
| Insect Repellant                             |           |  |  |
| Fire Kit                                     | Quantity  |  |  |
| Fire starter                                 | 2 Tabs    |  |  |
| Windproof Lighter                            | 1         |  |  |
| Waterproof Matches                           |           |  |  |
| Tinder                                       |           |  |  |
| Quart Size Water Container                   | 2 Minimum |  |  |
| Folding Knife                                |           |  |  |
| Whistle                                      |           |  |  |
| Grid Tape                                    | 2 rolls   |  |  |
| Trail Food/Snacks                            |           |  |  |
| Raingear (Gortex, Hypora) No Ponchos         |           |  |  |
| Pants & Jacket                               |           |  |  |
| Extra Clothes (Weather Appropriate Clothing) | Quantity  |  |  |
| Pants  | 1         |  |  |
| Shirt  | 1         |  |  |
| Socks  | 1         |  |  |
| Headlamp and extra batteries and bulb        |           |  |  |
| Flashlight and extra batteries and bulb      |           |  |  |
| Glowsticks                                   | 4         |  |  |
| (Minimum of 4 sources of light)              |           |  |  |
| Reusable rescue blanket                      |           |  |  |
| Leather Gloves                               |           |  |  |
| Food   |           |  |  |
| meals ready to eat                           | 4         |  |  |
| 9X12 Tarp                                    |           |  |  |
| 50' Light Cord (500Lb Test)                  |           |  |  |
| Large Garbage Bags                           | 4         |  |  |

**48 Hour Pack**

|  |   |  |  |
|--|---|--|--|
| Pack Frame if not internal             |   |  |  |
| Sleeping Bag                           |   |  |  |
| Sleeping Pad (Closed Cell full length) |   |  |  |
| Ground Cloth                           |   |  |  |
| Tent                                   |   |  |  |
| Foods                                  |   |  |  |
| Meals                                  | 6 |  |  |
| Stove and extra fuel                   |   |  |  |
| Utensils                               |   |  |  |
| Spoon and or Fork                      |   |  |  |
| Cup                                    |   |  |  |
| Cooking Pan                            |   |  |  |
| Soap                                   |   |  |  |
| Toiletries                             |   |  |  |
| Soap                                   |   |  |  |
| Small Towel                            |   |  |  |
| Toothbrush & Paste                     |   |  |  |

October 1 to May 15 is considered winter months